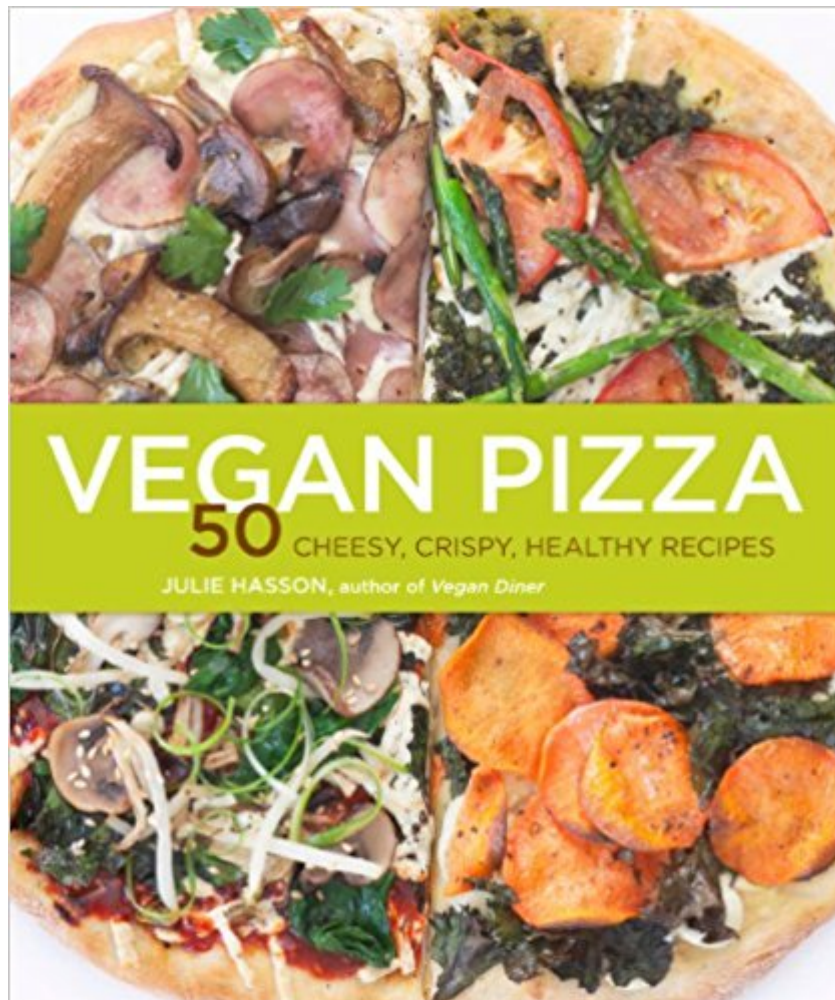




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Vegan Pizza: 50 Cheesy, Crispy, Healthy Recipes



Synopsis

Everything you need to know to create delicious, healthy pizza at home without any meat or dairy products. "Vegans, rejoice!" Julie Hasson has given pizza a plant-strong makeover. With a dazzling array of globally inspired toppings, pizza night will be healthier and more fun than ever before! "Nava Atlas, author of *Wild About Greens* and *Vegan Holiday Kitchen* "Julie Hasson has brought her incredibly talented baking skills and vegan ethos over to the savory side with this compelling and thorough take on vegan artisan pizza. Classic pizzas such as garlic, sausage, and onion pizzas are reimagined and every bit as flavorful and toothsome as their traditional counterparts. I'm ready to make seasonal, vegetable-laden pizzas such as a corn, pesto, zucchini, and tomato pizza or even a sweet potato and kale pizza for my next pizza party. These are appealing, fun, and doable recipes for the vegan pizzaiolo at home. "Diane Morgan, author of *Roots: The Definitive Compendium* "Julie Hasson has broken all the rules for pizza and taken it to uncharted territory. no longer is it about gooey cheese and tired toppings "it's about combinations of flavors so fun and original that it boggles the mind. How about a Korean Bibimbap or Chili Mac pizza? or one that marries peanut butter with barbecue sauce for a peanut Barbecue pizza? if you want the classics, you'll find those, too. after reading Julie's recipes, who needs pepperoni? "Miyoko Schinner, author of *Artisan Vegan Cheese* and cohost of *Vegan Mashup* Love a warm, crisp, chewy thin-crust pizza with creamy, melty cheese? Just because you're vegan doesn't mean that you can't bake amazing pizzas right in your own oven. Julie Hasson offers 50 deliciously innovative recipes and simple techniques that will have you making artisan-style, thin-crust vegan pizzas right in your own kitchen. *Vegan Pizza* is filled with 50 modern recipes from easy-to-make pizza dough (including spelt, whole wheat, and gluten-free crusts), creamy dairy-free cheese sauces, vibrant-flavored pestos and spreads, and meatless and wheat-less burger crumbles. Also included are inventive toppings and pizzas that run the gamut from comfort food pizzas like Chili Mac Pizza, Barbeque Pizza and Eggplant Parmesan Pizza, to fresh vegetable-laden pizzas like Sweet Potato and Kale Pizza, Corn, Zucchini and Tomato Pizza and Asparagus, Tomato and Pesto Pizza. There is even a chapter dedicated to dessert pizzas too, from Babka Pizza, to Berry Pie Pizza and Coconut Caramel Dream Pizza. With helpful information and tips on equipment and techniques, *Vegan Pizza* shares the secrets to fabulous, easy-to-make, dairy-free, meat-free thin-crust artisan pizza that tastes like it came from your neighborhood pizzeria. Now home cooks everywhere can get baking and make fabulous vegan pizzas in their own kitchens.

Book Information

Paperback: 144 pages

Publisher: Andrews McMeel Publishing; Original edition (September 3, 2013)

Language: English

ISBN-10: 144942712X

ISBN-13: 978-1449427122

Product Dimensions: 7.5 x 0.5 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 43 customer reviews

Best Sellers Rank: #578,462 in Books (See Top 100 in Books) #86 in Books > Cookbooks, Food & Wine > Baking > Pizza #1426 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Vegan #1441 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes

Customer Reviews

"If you think giving up meat means losing taste, think again. There's Thai peanut, pineapple and jalapeno, and cowboy pizza with barbecue sauce, vegan cheese and other goodies." (Chere Coen, Louisiana Book News, The Sunday Advertiser)

Julie Hasson is the author of 7 cookbooks, including Vegan Diner and The Complete Book of Pies. She has over 20 years of experience in the food industry, including attending UCLA's Culinary Arts/Professional Chef program, working at the famed Patina restaurant in Los Angeles, and serving as a private chef for celebrities and high-profile clients. Julie opened the original Babycakes Bakery (a wholesale bakery that supplied Los Angeles restaurants and coffeehouses with artisan baked goods); authored cookbooks; has contributed extensive articles and recipes to Bon Appetit, Cooking Light, Vegetarian Times, and Family Fun magazines; and is also the host of the popular Internet cooking show Everyday Dish. Julie has been featured in print, and on TV and radio, including the Cooking Channel; Good Food America; Better, Better Portland; Good Day Oregon; Martha Stewart Living Radio; VegNews Magazine; and Vegetarian Times, as well as numerous radio and TV shows across the country. Julie is currently the Healthy Living Expert on Good Day Oregon, and was one of the hosts of the TV cooking show 15 & Done. Julie and her husband, Jay, run a hip little food cart in Portland, Oregon, called Native Bowl.

Who doesn't love good pizza? Pizza is my husband's favorite food - seriously, I often consider the

possibility that he is in fact a Ninja Turtle - and his love of pizza was the principal driving force inspiring me to buy this book. Now, I love a good vegan pizza as much as anyone but somehow this is not something I tend to make often. Many of the vegan cook books I own include 1 or 2 vegan pizza recipes, all of which I've made and enjoyed but still, pizza making has always seemed to me to be something of a pain in the ass. All the work involved in slicing toppings, making your own sauce, and cheese sauce, and the absolute worst part for me is making the dough. I absolutely hate working with dough, it is my least favorite culinary endeavor. I don't know why, but me and dough do not equal a good team. Dough always gives me trouble and I suppose this is partly why I rarely make home-made pizza. Of course, a Vegan cook book devoted entirely to vegan pizza was too good a novelty to pass up and since my husband loves it so, I thought I'd throw caution to the wind, and against my better judgement purchase this book. Honestly, the negative reviews had me worried, and I was more than a little concerned that I would not like this book. I thought I'd find it too processed, too difficult, too uninspired, or worse still utterly useless. I am so, so happy that I didn't listen to the bad reviews, because I quickly discovered that I absolutely love this book! Really, it's not often that a cook book steals my heart and blows me away, especially not a simple, niche book such as this one, but that's precisely what's happened. Since I got this wonderful new book from Julie Hasson I've been making 2 pizza's a night for 8 nights straight - totally unprecedented! But the recipes are just so good, and so easy that I simply can't stop making them! Honestly, we haven't had a bad pizza yet. Each pie has come out of the oven the model of perfection, so different than my previous pizza making experiences. There are so many things I love about this book. For one I love that there are several options for different kinds of pizza dough - although I would have liked even more options, such as options that include herbs or maybe even stuffed crusts - and I love that each dough is super easy. Really I have never had a quicker or easier time working with dough in all my life. You simply add the ingredients to a bowl in order, stir it together let it rise and voila, perfect pizza dough! It stretches, it doesn't crack or tear, or stick, it's absolutely perfect, and tastes delicious! Next I love that Hasson includes recipes for house-made meats. Buying vegan meat can be expensive and I prefer to eat as little processed food as possible so this is really great. I also love that her meat recipes use quinoa which is a great idea I never would have thought of. All of her meat recipes also use sweet white rice flour as a binder, and I could not find this so I subbed organic cornstarch instead and think it worked really well as far as making the meat clump together, so you may want to give this a try also if you can't find the flour. I also don't have access to soy curls where I live and so instead I used home-made seitan ham that I had in my freezer where these were called for and it worked out well. I also used home-made seitan sausage in the recipes that called

for sausage. Her pizza recipes are flexible like that, and I appreciate that so much. My only complaint here is that all the meat recipes are relatively similar, one reviewer suggested that they should have been condensed as one recipe with variations freeing up more space in the book for other recipes and I would tend to agree with that. Hasson also includes recipes for tomato sauce, 2 kinds of pesto, and a few cheese sauce options. I appreciate all of these although I would have liked some more variation on tomato sauces, as well as cheese sauces. The cheddary Cashew Cheese is my favorite of the cheese sauces, the flavor of this is so good it would fool just about any omnivore I think. It has a texture, and a flavor like mild cheese-whiz. I also like that she doesn't use too much nutritional yeast. I like Nooch but I find a lot of cheese recipes call for way too much, where Hasson uses a conservative quarter cup, the perfect amount. As for the pizzas themselves they are simple yet delicious, and many are quite creative. Some include ingredients that I never would have thought to put on pizza, truffle oil, peanut butter, bean sprouts, cilantro, corn, and many others. I've always appreciated creative pizza, even before I went vegan I was never a fan of straight up meat and cheese. I always liked a little extravagance with my pizzas. Hasson also includes a cool dessert pizza chapter. I have not yet made any of the dessert pizza's but I'm hoping to make one or two this week, they all sound so fantastic. Pizza for dessert, who would have thought? Aside from the actual recipes other big selling points for me on this book are the simple, clean layout. I love it, the book is easy to navigate, easy to read, the instructions are easy to follow, and it just looks good. Crisp and clean, free of clutter. I like Hasson's tips and suggestions as well. My only real complaints are that I would have liked some pictures. I typically hate cook books that do not include pictures and this book doesn't have a single one. However the recipes are so stellar that I find this doesn't bother me too much with this book. Still it would have been nice, but maybe next time. Vegan Pizza volume 2? Secondly I would have liked more recipes. I know it says right on the cover that there are only 50 recipes, but this could easily have been a book of 100 recipes. So many options and variations on meats, sauces, and pizza's, and I selfishly want more! Ha. Oh well, overall I think this is a great primer cook book for learning to make - and love - vegan pizza. I would highly recommend this to any new vegan, any novice pizza maker, and even a seasoned pizza maker. Though there are a few things you may wish to consider before buying this book. 1 there is no nutritional information given on any of the recipes. I do not care about this whatsoever because let's face it, we're talking pizza here, you know? But I realize that no nutritional info is a deal-breaker for some. Also the recipes do call for store-bought vegan cheese. To be fair Hasson lists the cheese as optional but some reviewers have heavily criticized her for including it in her recipes anyway. Personally I have nothing against store-bought vegan cheese, I like it though I rarely eat it. Of course if I'm making pizza I

know ahead of time that I'm not making something particularly 'healthy' and so I just go with it, I splurge, get the vegan cheese and don't worry too much about it. It really doesn't take much – a cup most of the time or a little more, so it hardly seems worth complaining about but to each their own. My feelings on this are if you don't like store-bought vegan cheese then make your own. I own 3 vegan cheese cook books, I can easily make my own cheese at home and use it on Hasson's pizzas if I so choose. If you're a processed vegan cheese hater then you can do this too and it isn't a big deal. Certainly it isn't worth panning the book over when so much in the book is phenomenal. Of course, if that still doesn't do it for you there is at least one vegan pizza cook book on the market that's goal is to create heart healthy whole food pizzas. If that's your thing, then buy that book instead of this one. If like me you don't mind indulging now and then, you're going to love this book. Seriously, vegan pizza has never been easier, ever! I know that I'll be making lots and lots of pizza in the future, no longer will this be a twice a year occurrence in my house. So, in the past eight days I've made quite a few recipes, these are the ones I've tried and this is what I thought.

Dough and Crust

Easy-Peasy Pizza Dough - Loved it! (My new favorite go-to pizza dough)

Pizza Dough for a Crowd - Loved it! (This is essentially the Easy-Peasy Dough doubled)

White Whole Wheat Pizza Dough - Pretty good!

Spelt Dough - Pretty good!

Cornmeal Dough - Loved it! (My other new favorite go-to pizza dough)

House-made Meats

Burger Crumbled - Loved it!

Pepperoni Crumbles - Loved it! (My new favorite vegan pepperoni)

The Cheese/Sauces

Cheddar Cashew Cheese - Loved it! (My new favorite cheese sauce)

Smokey White Cashew Cheese - Pretty good

Sun-dried Tomato, Basil, and Arugula Pesto - LOVED IT! (My new favorite pesto)

Tomato-Garlic Sauce - Love it

Zesty Pesto - Love it

The Pizza's

Garlic, Sausage and Onion Pizza - Loved it! (Favorite)

Plain Jane Pizza - Loved it!

Spinach, Onion, Mushroom, and Pepperoni Pizza - Loved it! (Favorite)

Meatball Pizza - Loved it!

Valentine's Pizza - Loved it! (Favorite)

Corn, Pesto, Zucchini and Tomato Pizza - Pretty good!

Mushroom, Broccoli, and Sun-dried Tomato Pizza - Loved it! (Favorite)

Pineapple and Jalapeno Pizza - Loved it! (Favorite)

Smokey Wild Mushroom and Potato Pizza - Pretty good!

Sweet Potato and Kale Pizza - Pretty good!

Scalloped Potato Pizza - Loved it! (Favorite)

Broccoli and Cheddar Pizza - Loved it! (Favorite)

Cheeseburger Pizza - Loved it! (Favorite)

Cowboy Pizza - Loved it! (Favorite)

Peanut Barbeque Pizza - Pretty good!

Pub Pizza - Loved it! (Favorite)

Bibimbap Pizza - Loved it!

Dessert Pizza

Babka Pizza - Loved it!

Coconut Caramel Pizza - Pretty good, but the Caramel got very hard.

As you can see I've tried many of the recipes in this book, and each one has been a great success. My husband too loved each pizza I made, and the ones listed favorite were favorites for both of us. I really can't say enough good things about this book, and I can't wait to try the rest of the pizzas, especially the dessert pizzas. When I do I'll try and remember to update this

review for you.

I used this book for the first time last night and can already say that it was worth buying! The author has definitely got making simple delicious pizzas down to a science. If you have ever fumbled around online looking for vegan cheese pizza recipes without much luck, this book is your answer. The no knead dough was better than any other recipe I have tried in the past, the smoky cashew cheese was amazing- cheesier than real cheese, and the simple tomato sauce was great too. Looking forward to using this book often.

I am so happy to have added this book to my collection. I love pizza and am often disappointed by the pizzas that I order from around town because they often aren't all that flavorful and can cost a small fortune. This book is going to change all that for me and I couldn't be more thrilled. I started off by making the Easy-peasy Pizza Dough which couldn't have been any easier! I just mixed everything together and threw it in the fridge! My partner chose the Thai Peanut Pizza to start off with and it was delicious! The peanut sauce is so good! We added jalapeños which was a nice addition and I could see adding tiny cubes of baked tofu to it as well. For dessert we made the Raspberry Crumble pizza which was absolutely divine! I can't wait to try all the other recipes in this book. Making pizza never felt like an easy quick doable meal until now.

We have two new Lodge cast iron pizza pans, and the recipes from this book work perfectly with the pans! The various pizza dough recipes are useful, as are the tips for freezing pizza dough.

Still reading

Bought this for a friend for Christmas and he loved it! Delicious recipes! I will be buying a copy for myself.

Before I ordered this book I thought to myself "Do I really need a cookbook telling me what kinds of pizza I can make?". We have movie and pizza Friday every week, so pizza is a staple in our house, so I decided the answer to my question was "Yes!" And I am glad I purchased it. It's a small book with tasty ideas. I was pleased to see several dough recipes, one of which is gluten-free (and delicious!). There are recipes for crumble toppings (pepperoni flavored, sausage flavored, taco flavored) as well as "cheesey" sauce recipes. Many of the ideas in this book I had not thought of

myself, so this little book with big ideas has brought even more variety and fun to our weekly movie and pizza Friday nights!

This is a wonderful book if you want "your cake and eat it too" as far as pizza goes. It allows for the healthiest crusts, the healthiest ingredients, and even healthy substitutes for cheeses and meats. Give it a try! It is worth the effort to learn a whole new way of eating pizza.

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